THIS DECISION HAS BEEN APPEALED. THE FOLLOWING IS THE RELATED SOAH DECISION NUMBER:

SOAH DOCKET NO. 453-04-3097.M5

MDR Tracking Number: M5-04-0501-01

Under the provisions of Section 413.031 of the Texas Workers' Compensation Act, Title 5, Subtitle A of the Texas Labor Code, effective June 17, 2001 and Commission Rule 133.305 titled Medical Dispute Resolution - General and 133.308 titled Medical Review Division assigned an IRO to conduct a review of the disputed medical necessity issues between the requestor and the respondent. The dispute was received on 10-16-03.

The Medical Review Division has reviewed the IRO decision and determined that **the requestor prevailed** on the issues of medical necessity. Therefore, upon receipt of this Order and in accordance with §133.308(r)(9), the Commission hereby orders the respondent and non-prevailing party to **refund the requestor \$460.00** for the paid IRO fee. For the purposes of determining compliance with the order, the Commission will add 20 days to the date the order was deemed received as outlined on page one of this order.

In accordance with §413.031(e), it is a defense for the carrier if the carrier timely complies with the IRO decision.

Based on review of the disputed issues within the request, the Medical Review Division has determined that **medical necessity was the only issue** to be resolved. The office visit, joint mobilization, myofascial release, manual traction, exercises, activities and MT performance test were found to be medically necessary. The respondent raised no other reasons for denying reimbursement for the above listed services.

This Findings and Decision is hereby issued this 29th day of December 2003.

Debra L. Hewitt
Medical Dispute Resolution Officer
Medical Review Division

On this basis, and pursuant to §§402.042, 413.016, 413.031, and 413.019 of the Act, the Medical Review Division hereby ORDERS the respondent to pay the unpaid medical fees in accordance with the fair and reasonable rate as set forth in Commission Rule 133.1(a)(8) plus all accrued interest due at the time of payment to the requestor within 20 days of receipt of this order. This Order is applicable to dates of service 07-21-03 through 08-08-03 in this dispute.

The respondent is prohibited from asserting additional denial reasons relative to this Decision upon issuing payment to the requestor in accordance with this Order (Rule 133.307(j)(2)).

This Order is hereby issued this 29th day of December 2003.

Roy Lewis, Supervisor Medical Dispute Resolution Medical Review Division RL/dlh

NOTICE OF INDEPENDENT REVIEW DECISION Corrected Letter

RE: MDR Tracking #: M5-04-0501-01

organization (IRO). IRO Certificate Number is 5348. Texas Worker's Compensation
Commission (TWCC) Rule §133.308 allows for a claimant or provider to request an independent
review of a Carrier's adverse medical necessity determination. TWCC assigned the above-
reference case to for independent review in accordance with this Rule.
has performed an independent review of the proposed care to determine whether or not the
adverse determination was appropriate. Relevant medical records, documentation provided by
the parties referenced above and other documentation and written information submitted
regarding this appeal was reviewed during the performance of this independent review.
This case was reviewed by a practicing chiropractor on the external review panel. The
reviewer has met the requirements for the ADL of TWCC or has been approved as an exception
to the ADL requirement. The chiropractor reviewer signed a statement certifying that no
known conflicts of interest exist between this chiropractor and any of the treating physicians or
providers or any of the physicians or providers who reviewed this case for a determination prior
to the referral to for independent review. In addition, the chiropractor reviewer certified
that the review was performed without bias for or against any party in this case.

Clinical History

This case concerns a 25 year-old male who sustained a work related injury on ____. The patient reported that while at work he slipped and fell, hitting his head on a stool causing injury to his head and neck. MRI scan of the cervical spine dated 5/27/03 showed disc protrusions centrally at the C3-C4 and C4-C5 level and minimal disc bulges posteriorly at C5-C6 and C6-C7. CT scan of the brain on 6/3/03 was reported as normal. An MRI of the lumbar spine dated 6/18/03 showed L5-S1 2-3mm focal posterior central discal substance herniation. The diagnoses for this patient have included cervical disc disorder, cervical, thoracic and lumbar strain with somatic dysfunction, intermittent cephalgia, inflammation and edema. The treatment for this patient has included physical therapy, joint mobilization, epidural steroid injections and oral medications.

Requested Services

Office visit, joint mobilization, myofascial release, manual traction, exercises, activities, and MT performance test from 7/21/03 through 8/8/03.

Decision

The Carrier's determination that these services were not medically necessary for the treatment of this patient's condition is overturned.

Rationale/Basis for Decision

The chiropractor reviewer noted that this case concerns a 25 year-old male who sustained
a work related injury to his head and neck on The chiropractor reviewer also noted that
the diagnoses for this patient have included cervical disc disorder, cervical/thoracic and lumbar
strain with somatic dysfunction, intermittent cephalgia, inflammation and edema. The
chiropractor reviewer further noted that treatment for this patient has included physical therapy,
joint mobilization, epidural steroid injections and oral medications. The chiropractor
reviewer explained that the patient's response to treatment was reasonable. Therefore, the
chiropractor consultant concluded that the office visit, joint mobilization, myofascial release,
manual traction, exercises, activities, and MT performance test from 7/21/03 through 8/8/03
were medically necessary to treat this patient's condition.

Sincerely,
